



OPEN GYM

Fall 2019

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8AM							
9AM	OPEN GYM 8:00AM-12:00PM	OPEN GYM 8:00AM-12:00PM	OPEN GYM 8:00AM-12:00PM	OPEN GYM 8:00AM-12:00PM	OPEN GYM 8:00AM-12:00PM	REGISTERED PROGRAMS 9:00AM-4:15PM See Youth and Fitness schedules for details	DROP IN PICKLE BALL 9:30AM-1:30PM
10AM							
11AM							
12PM	DROP IN BASKETBALL 12:00PM-1:00PM	DROP IN FITNESS CLASS 12:10PM –12:45PM	DROP IN BASKETBALL 12:00PM-1:00PM	DROP IN FITNESS CLASS 12:10PM –12:45PM			
1PM	DROP IN BADMINTON 1:00PM-3:00PM	DROP IN PICKLE BALL 1:00PM –4:00PM	DROP IN BADMINTON 1:00PM-3:00PM	DROP IN PICKLE BALL 12:00PM –4:00PM	DROP IN PICKLE BALL 1:00PM –4:00PM		
2PM							
3PM	OPEN GYM 3:00PM-4:00PM		OPEN GYM 3:00PM-4:00PM			REGISTERED PROGRAMS 2:00PM-6:00PM See Youth and Fitness schedules for details	
4PM	REGISTERED PROGRAMS 4:45PM-8:30PM See Youth and Fitness schedules for details	REGISTERED PROGRAMS 4:00PM-9:00PM See Youth and Fitness schedules for details	REGISTERED PROGRAMS 4:00PM-9:30PM See Youth and Fitness schedules for details	REGISTERED PROGRAMS 4:00PM-9:00PM See Youth and Fitness schedules for details	OPEN GYM 4:00PM-5:00PM		DROP IN BASKETBALL 4:15PM-6:00PM
5PM							
6PM							
7PM					TEEN NIGHT 5:00PM –10:00PM		
8PM							
9PM	DROP IN TEEN BASKETBALL (HALF GYM) 8:00PM-9:30PM		DROP IN BASKETBALL (HALF GYM) 8:00PM-9:30PM				

■ Registered Programs
■ Fitness Programs

■ Teen and Adult Drop-In

PLEASE NOTE

Open Gym times are subject to gym rentals.
Please call Membership Services for inquiries!