





OPEN GYM

Winter 2020

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8AM							
9AM	OPEN GYM 8:00AM-12:00PM	OPEN GYM 8:00AM-12:00PM	OPEN GYM 8:00AM-12:00PM	OPEN GYM 8:00AM-12:00PM	OPEN GYM 8:00AM-12:00PM	REGISTERED PROGRAMS 9:00AM-4:30PM See Youth and Fitness schedules for details	DROP IN PICKLE BALL 9:30AM-1:30PM
10AM							
11AM							
12PM	DROP IN BASKETBALL 12:00PM-1:00PM	DROP IN FITNESS CLASS 12:10PM –12:45PM	DROP IN BASKETBALL 12:00PM-1:00PM		DROP IN FITNESS CLASS 12:10PM –12:45PM		
1PM	DROP IN BADMINTON 1:00PM-3:00PM	DROP IN PICKLE BALL 1:00PM –4:00PM	DROP IN BADMINTON 1:00PM-3:00PM	DROP IN PICKLE BALL 12:00PM –4:00PM	DROP IN PICKLE BALL 1:00PM –4:00PM		
2PM	OPEN GYM 3:00PM-4:15PM					OPEN GYM 3:00PM-4:45PM	
3PM	REGISTERED PROGRAMS 4:15PM-8:30PM See Youth and Fitness schedules for details	REGISTERED PROGRAMS 4:00PM-9:00PM See Youth and Fitness schedules for details	REGISTERED PROGRAMS 4:45PM-9:30PM See Youth and Fitness schedules for details	REGISTERED PROGRAMS 4:00PM-9:00PM See Youth and Fitness schedules for det2ails	OPEN GYM 4:00PM-5:00PM	REGISTERED PROGRAMS 2:00PM-6:00PM See Youth and Fitness schedules for details	
4PM					DROP IN BASKETBALL 4:30PM-6:00PM		
5PM							
6PM							
7PM							
8PM							
9PM	DROP IN BASKETBALL (HALF GYM) 8:30PM-9:30PM		DROP IN BASKETBALL (HALF GYM) 8:15PM-9:30PM				

 **Registered Programs**
 **Fitness Programs**

 **Teen and Adult Drop-In**

PLEASE NOTE

Open Gym times are subject to gym rentals.
Please call Membership Services for inquiries!