

## Archery Skill Sheet.

Participant Name:

Skills Criteria:

Comments and Feedback for participants working to achieve their “Bronze” level:

### **Bronze:**

- Works on demonstrating a proper archer’s stance
- Practices and demonstrates dedication to improving
- Strings a bow correctly
- Uses equipment appropriately and respectfully
- Follows rules and listens to instructions
- Demonstrates an understanding and commitment to safety
- Names the different parts of the bow and arrow
- Shoots at the target with some effectiveness

Comments and Feedback for participants working to achieve their “Silver” level:

### **Silver:**

- Demonstrates the proper archer’s stance
- Loads and draws arrow with effective and proper technique
- Transfers and holds the loaded bow in order to transfer balance
- Demonstrates an understanding of the kinetics behind aiming and shooting a bow and arrow and can describe verbally
- Consistently hit the target when shooting with a low margin of error

Comments and Feedback for participants working to achieve their “Gold” level:

**Gold:**

- Has taught a lesson on archery to a group of younger campers
- Consistently hits the target
- Demonstrates proper form consistently
- Shows exceptional commitment to improvement and growth
- Is encouraging and supportive to peers
- Understands the kinetics of shooting and uses this understanding to improve their form
- Shoots a moving aerial object

Additional Comments and Feedback: