

ODLS Skill Sheet.

Participant Name:

Skills Criteria:

Comments and Feedback for participants working to achieve their “Bronze” level:

Bronze:

- Able to set up a tent and chooses to do so in an appropriate location
- Demonstrates commitment to site maintenance and taking care of gear
- Demonstrates ability to use a topographic map to navigate
- Able to tie a bowline and double-figure eight knot
- Able to set up a tarp with a group
- Packs personal gear appropriately for trip
- Actively practices appropriate water sanitation procedures
- Actively practices appropriate self-care and hygiene while on trip

Comments and Feedback for participants working to achieve their “Silver” level:

Silver:

- Able to build a fire
- Able to use stove (MSR and/or Dragonfly)
- Developed a route plan and meal plan for an overnight
- Able to use a Satellite phone
- Displays understanding of risk management and communicates with peers effectively to mitigate risks when they are presented
 - Acknowledges implications of weather and temperature
 - Acknowledges implications of individual and group capacity
 - Acknowledges implications of physical elements of a route
- Able to set up an effective tarp independently
- Uses paddle and whistle signals to communicate if/when appropriate
- Able to cook a meal over a fire/stove

Comments and Feedback for participants working to achieve their “Gold” level:

Gold:

To be evaluated collaboratively by a trip leader and the Out-tripping Manager

- Develops a cohesive route plan for a trip of 4 days or more including evacuation points/plans and evidence of contingency planning
- Develops an appropriate meal plan for the trip, includes quantities
- Successfully develops a packing list for the trip
 - Equipment pack
 - Personal Gear
 - Boats, packs, paddles, etc... that might be needed
 - Safety / emergency gear
- Completes a lesson plan and lesson on a topic related to tripping that interests them
- Runs a debrief following a trip
- 10 logged days of backcountry tripping

Additional Comments: