

Sailing Skill Sheet.

Participant Name:

Skills Criteria:

Comments and Feedback for participants working to achieve their “Bronze” level:

Bronze:

- Has participated in the set up and take down of a Catamaran
- Able to tie a bowline, clove hitch and cleat hitch
- Can identify directions of wind with some accuracy
- Wears PFD when out on the water in a boat
- Knows how to switch the jib and the main sail
- Can name the different parts of a Catamaran: hull, tiller, rudder, mainsail, mast, boom, jib and keel.

Comments and Feedback for participants working to achieve their “Silver” level:

Silver:

- Can set up and take down a Catamaran efficiently
- Able to use hiking straps effectively
- Can consistently identify the direction of the wind
- Has capsized a catamaran
- Deliberately switches the jib and main sail while sailing in order to tack and jibe
- Understands point of sail
- Understands and can demonstrate water safety practices, I.e. putting down the main sail when needing assistance from the crash boat, utilizing whistle signals
- Understands concept of “irons” and has successfully gotten a boat out of irons

Comments and Feedback for participants working to achieve their “Gold” level:

Gold:

- Has sailed a Catamaran, taking a leadership role on delegating and instructing things like switching the sails, etc...
- Taught a lesson related to a dimension of sailing
- Has successfully “righted” a capsized sailboat
- Displays understanding of risk management and communicates with peers effectively to mitigate risks when they are presented
 - Acknowledges implications of weather and temperature
 - Acknowledges implications of individual and group capacity
- Has successfully sailed to a site on Lake Huron, away from Front Beach and back

Additional Comments/Feedback: