



Gym Schedule

October 28th-December 11th

- Fitness (10+)
- Recreation (10+)
- Teen

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7am	OPEN GYM 6:00-8:30AM	OPEN GYM 6:00-9:30AM	OPEN GYM 6:00-9:30AM	OPEN GYM 6:00-9:00AM	OPEN GYM 6:00-9:30AM		
8am						FAMILY OPEN GYM 8:00-9:00AM	PICKLEBALL 8:00AM-2:00PM 3 COURTS
9am	FITNESS PROGRAM 8:30-1:00PM	FITNESS PROGRAM 9:30-10:30AM	FITNESS PROGRAM 9:30-10:30AM	PICKLEBALL 9:00AM-2:00PM 3 COURTS	FITNESS PROGRAM 9:30-10:30AM	PROGRAMMING (HALF GYM) 9:00AM-3:00PM	
10am		OPEN GYM 10:30AM-12:00PM	PICKLEBALL 10:30AM-3:00PM 3 COURTS		OPEN GYM 10:30AM-12:00PM	OPEN GYM (HALF GYM) 9:00AM-3:00PM	
11am							
12pm		FITNESS PROGRAM 12:00-1:00PM			FITNESS PROGRAM 12:00-1:00PM		
1pm	PICKLEBALL 1:00-4:00PM 3 COURTS	PICKLEBALL 1:00-4:00PM 3 COURTS		BADMINTON 2:00-4:00PM	PICKLEBALL 1:00-5:00PM 3 COURTS		OPEN GYM 2:00-4:00PM
3pm			OPEN GYM 3:00-4:00PM				
4pm	OPEN GYM 4:00-5:30	OPEN GYM 4:00-5:30	PROGRAMMING 4:00-10:00PM	PROGRAMMING 4:00-10:00PM	FIVE DOLLAR FRIDAYS (TEENS) 5:00-9:30PM		
5pm	PROGRAMMING 5:30-10:00PM	PROGRAMMING 5:30-10:00PM					
6pm							

PLEASE NOTE:

- Masks can be removed when physical distancing can be maintained
- Masks required when not able to maintain physical distancing
- Pickleball court booking required through Online Portal