



Gymnasium Schedule

Summer: July 4 - August 28, 2022

Summer Building Hours (effective July 2):

Monday - Thursday 5:30 am - 9:00 pm

Friday 5:30 am - 8:00 pm

Saturday & Sunday 7:00 am - 2:00 pm

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
OPEN GYM (FULL) 5:30 - 7:00 AM	OPEN GYM (FULL) 5:30 - 7:00 AM	OPEN GYM (FULL) 5:30 - 7:00 AM	OPEN GYM (FULL) 5:30 - 7:00 AM	OPEN GYM (FULL) 5:30 - 7:00 AM		
PROGRAMMING 7:00 - 9:45 AM	PROGRAMMING 7:00 - 9:45 AM	PROGRAMMING 7:00 - 9:45 AM	PROGRAMMING 7:00 - 9:45 AM	PROGRAMMING 7:00 - 9:45 AM		
PICKLEBALL 8:45 - 11:15 AM	PICKLEBALL 8:45 - 11:15 AM	PICKLEBALL 8:45 - 11:15 AM	PICKLEBALL 8:45 - 11:15 AM	PICKLEBALL 8:45 - 11:15 AM	OPEN GYM (FULL) 7:00 AM - 1:45 PM	OPEN GYM (FULL) 7:00 AM - 1:45 PM
PROGRAMMING 11:15 AM - 6:00 PM	PROGRAMMING 11:15 AM - 7:00 PM	PROGRAMMING 11:15 AM - 7:00 PM	PROGRAMMING 11:15 AM - 8:45 PM	PROGRAMMING 11:15 AM - 6:00 PM		
OPEN GYM (FULL) 6:00 - 8:45 PM	OPEN GYM (FULL) 7:00 - 8:45 PM	OPEN GYM (FULL) 7:00 - 8:45 PM		OPEN GYM (FULL) 6:00 - 7:45 PM		

An interim schedule will begin when the Summer Session ends and run until the Fall Session begins (date TBD).

Schedules are subject to change.

705-497-9622 ymcaneo.ca

Building healthy communities