Gym Schedule

July 4th-August 26th

- Fitness (14+)
- Recreation (14+)
- Teen

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7am	OPEN GYM 6:00-8:30AM	OPEN GYM 6:00-9:30AM	OPEN GYM 6:00-8:30AM	OPEN GYM 6:00-9:30AM	OPEN GYM 6:00-8:30AM		
8am						OPEN GYM 8:00-12:00PM	PICKLEBALL 8AM-11:00AM 3 COURTS
9am	FITNESS PROGRAM 8:30-9:30AM	FITNESS PROGRAM 9:30-10:30AM	FITNESS PROGRAM 8:30-9:30AM	DAY CAMPS 9:30 AM—12:00 PM	FITNESS PROGRAM 8:30-9:30AM		
10am	DAY CAMPS 9:30 AM—12:00 PM	DAY CAMPS 10:30 AM—12:00 PM	DAY CAMPS 9:30 AM—12:00 PM		DAY CAMPS 9:30 AM—12:00 PM		OPEN GYM 11AM-1PM BASKETBALL 1PM—2PM
11am						BASKETBALL 12:00PM-2:00PM	
12pm	BASKETBALL 12:00 PM—1:00 PM	OPEN GYM 12:00 PM—1:00 PM	OPEN GYM 12:00 PM—1:00 PM	OPEN GYM 12:00 PM—4:00 PM	PICKLEBALL 2 COURTS 1:00-3:00PM		
1pm	PICKLEBALL 2 COURTS 1:00-3:00PM	PICKLEBALL 2 COURTS 1:00-3:00PM	PICKLEBALL 2 COURTS 1:00-3:00PM		BASKETBALL 3:00-5:00PM		
3pm							
3pm	DAY CAMPS 3:00-5:00	DAY CAMPS 3:00-5:00	DAY CAMPS 3:00-5:00	DAY CAMPS 3:00-5:00			
5pm	OPEN GYM 5:00-7:00PM	PROGRAMMING 5:00-8:00PM	PICKLEBALL 2 COURTS 5:00– 8:00 PM	PROGRAMMING 5:00-8:00PM	FIVE DOLLAR FRIDAYS (TEENS) 5:00-9:30PM		
6pm	BASKETBALL 7:00 PM-9:00 PM	OPEN GYM 8:00 - 9:00 PM	BASKETBALL 8:00—9:00 PM	OPEN GYM 8:00 - 9:00 PM			705-674-8315 ymcaneo.ca