



Gym Schedule

September 26 - December 10

- Fitness (14+)
- Recreation (14+)
- Teen

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6am	OPEN GYM—FULL GYM 6:00-8:30AM	OPEN GYM—FULL GYM 6:00-9:30AM	OPEN GYM—FULL GYM 6:00-8:30AM	OPEN GYM—FULL GYM 6:00-9:30AM	OPEN GYM—FULL GYM 6:00-8:30AM		
8am	FITNESS PROGRAM 8:30-9:30AM	FITNESS PROGRAM 6:00-9:30AM	FITNESS PROGRAM 8:30-9:30AM	FITNESS PROGRAM 8:30-10:30AM	FITNESS PROGRAM 8:30-9:30AM	OPEN GYM—FULL GYM 8:00 - 9:00 AM	PICKLEBALL 3 COURTS 8:00-11:00AM 3 COURTS
9am		FITNESS PROGRAM 9:30-10:30AM					
10am					OPEN GYM —FULL GYM 9:30 AM—1:00 PM	PROGRAMMING 9:30 AM—2:00 PM	
11am	OPEN GYM —FULL GYM 10:00 AM—1:00 PM	OPEN GYM —FULL GYM 11:00 AM—1:00 PM	OPEN GYM —FULL GYM 10:00 AM—1:00 PM	OPEN GYM —FULL GYM 10:30 AM—1:00 PM			OPEN GYM—FULL GYM 11:00AM-1:00PM
1pm	PICKLEBALL 3 COURTS 1:00-3:00PM	PICKLEBALL 3 COURTS 1:00-3:00PM	PICKLEBALL 3 COURTS 1:00-3:00PM	PICKLEBALL 3 COURTS 1:00-3:00PM	PICKLEBALL 3 COURTS 1:00-3:00PM	BASKETBALL—FULL GYM 2:00—4:00PM	BASKETBALL—FULL GYM 1:00—4:00PM
3pm	OPEN GYM—FULL GYM 3:00 - 4:30PM	OPEN GYM—FULL GYM 3:00 - 4:30PM	OPEN GYM—FULL GYM 3:00— 5:00PM	OPEN GYM—FULL GYM 3:00 - 4:30PM	OPEN GYM—FULL GYM 3:00 - 5:00PM		
4pm	PROGRAMMING - HALF GYM 4:30-7:30PM	PROGRAMMING—FULL GYM 4:30-7:30PM		PROGRAMMING—FULL GYM 4:00-8:00PM			
5pm			PICKLEBALL 3 COURTS 5:00—8:00 PM				
8pm	OPEN GYM—HALF GYM 4:30—10:00 PM	PROGRAMMING—HALF GYM 7:30-10:00	BASKETBALL— FULL GYM 8:00—10:00 PM	BASKETBALL— FULL GYM 8:00 - 10:00 PM	FIVE DOLLAR FRIDAYS (TEENS) 5:00-9:30PM		