



Gymnasium Schedule

Winter Session: February 18 - March 26, 2023

Building Hours:

Monday - Friday 5:30 AM - 10 PM

Saturday & Sunday 7 AM - 5 PM

Statutory Holidays 8 AM - 4 PM

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
OPEN GYM (full) 5:30 - 6:45 AM	OPEN GYM (full) 5:30 - 6:45 AM	OPEN GYM (full) 5:30 - 6:45 AM	OPEN GYM (full) 5:30 - 6:45 AM	OPEN GYM (full) 5:30 - 6:45 AM		
OPEN GYM (half) 6:45 - 9 AM	OPEN GYM (half) 6:45 - 9 AM	OPEN GYM (half) 6:45 - 9 AM	OPEN GYM (half) 6:45 - 9 AM	OPEN GYM (half) 6:45 - 9 AM	OPEN GYM (full) 7 - 9:45 AM	OPEN GYM (full) 7 - 9 AM
PICKLEBALL 9 - 11 AM	PICKLEBALL 9 - 11 AM	PICKLEBALL 9 - 11 AM	PICKLEBALL 9 - 11 AM	PICKLEBALL 9 - 11 AM		
OPEN GYM (full) 11 AM - 2:30 PM	OPEN GYM (full) 11 AM - 2:30 PM	OPEN GYM (full) 11 AM - 2:30 PM	OPEN GYM (full) 11 AM - 2:30 PM	OPEN GYM (full) 11 AM - 2:30 PM	PROGRAMMING 9:45 AM - 12 PM	OPEN GYM (half) 9 AM - 4 PM
					OPEN GYM (full) 12 - 1:30 PM	
OPEN GYM (half) 2:30 - 4:30 PM	OPEN GYM (half) 2:30 - 4:30 PM	OPEN GYM (half) 2:30 - 4:30 PM	OPEN GYM (half) 2:30 - 7 PM	OPEN GYM (half) 2:30 - 4:30 PM	OPEN GYM (half) 1:30 - 4:45 PM	OPEN GYM (full) 4 - 4:45 PM
OPEN GYM (full) 4:30 - 9:45 PM	PROGRAMMING 4:30 - 7 PM	PROGRAMMING 4:30 - 7 PM		OPEN GYM (full) 4:30 - 9:45 PM		
	OPEN GYM (full) 7 - 9:45 PM	OPEN GYM (full) 7 - 9:45 PM	OPEN GYM (full) 7 - 9:45 PM			

There will be an alternative Gymnasium Schedule for the week of March 13 to 19 and for all Statutory Holidays.

Schedules are subject to change.

705-497-9622 ymcane.ca

Building healthy communities