



# Gymnasium Schedule

March Break: March 13 - March 18, 2023

Building Hours:

Monday - Friday 5:30 AM - 10 PM

Saturday & Sunday 7 AM - 5 PM

Statutory Holidays 8 AM - 4 PM

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
OPEN GYM (full) 5:30 - 7:30 AM	OPEN GYM (full) 5:30 - 7:30 AM	OPEN GYM (full) 5:30 - 7:30 AM	OPEN GYM (full) 5:30 - 7:30 AM	OPEN GYM (full) 5:30 - 7:30 AM		
OPEN GYM (half) 7:30 - 9 AM	OPEN GYM (half) 7:30 - 9 AM	OPEN GYM (half) 7:30 - 9 AM	OPEN GYM (half) 7:30 - 9 AM	OPEN GYM (half) 7:30 - 9 AM	OPEN GYM (full) 7 AM - 1:30 PM	OPEN GYM (full) 7 - 9 AM
PICKLEBALL 9 - 11 AM	PICKLEBALL 9 - 11 AM	PICKLEBALL 9 - 11 AM	PICKLEBALL 9 - 11 AM	PICKLEBALL 9 - 11 AM		OPEN GYM (half) 9 AM - 4 PM
OPEN GYM (half) 11 AM - 12:30 PM	OPEN GYM (half) 11 AM - 12:30 PM	OPEN GYM (half) 11 AM - 12:30 PM	OPEN GYM (half) 11 AM - 12:30 PM	OPEN GYM (half) 11 AM - 12:30 PM		OPEN GYM (full) 4 - 4:45 PM
OPEN GYM (full) 12:30 - 3 PM	OPEN GYM (full) 12:30 - 3 PM	OPEN GYM (full) 12:30 - 3 PM	OPEN GYM (full) 12:30 - 3 PM	OPEN GYM (full) 12:30 - 3 PM	OPEN GYM (half) 1:30 - 4:45 PM	
OPEN GYM (half) 3 - 6:30 PM	OPEN GYM (half) 3 - 6:30 PM	OPEN GYM (half) 3 - 6:30 PM	OPEN GYM (half) 3 - 6:30 PM	OPEN GYM (half) 3 - 6:30 PM		
OPEN GYM (full) 6:30 - 9:45 PM	OPEN GYM (full) 6:30 - 9:45 PM	OPEN GYM (full) 6:30 - 9:45 PM	OPEN GYM (full) 6:30 - 9:45 PM	OPEN GYM (full) 6:30 - 9:45 PM		

Schedules are subject to change.

705-497-9622 [ymcaneo.ca](http://ymcaneo.ca)  
Building healthy communities