



Fall Gym Schedule

Session: September 25 – December 9, 2023 Registration is required for all programs and classes

Building Hours:

Monday - Friday 5:30 AM - 10 PM

Saturday & Sunday 8AM - 4PM

Statutory Holidays 8 AM - 4 PM

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Open Gym (Full) 5:30 – 10:30am	Open Gym (Full) 5:30 – 9:30am	Open Gym (Full) 5:30 – 8:30am	Open Gym (Full) 5:30 – 9:30am	Open Gym (Full) 5:30 – 1:00pm	Open Gym (Half) 8:00 – 10:00am	Open Gym (Full) 8:00 – 11:00am
		Fitness Class (Full) 8:30 – 9:15am			Programming (Full) 9:00 – 11:45am	Birthday Rental (Full) 11:00 – 12:00pm
Fitness Class (Full) 10:30 – 11:30am	Fitness Class (Full) 9:30 – 10:15am	Open Gym (Full) 9:30 – 1:00pm	Fitness Class (Full) 9:30 – 10:15am		Programming (Half) 12:00 – 2:00pm	Open Gym (Half) 12:00 – 2:00pm
Open Gym (Full) 11:45 – 1:00pm	Open Gym (Full) 10:30 – 1:00pm	Open Gym (Full) 9:30 – 1:00pm	Open Gym (Full) 10:30 – 1:00pm		Open Gym (Half) 12:00 – 2:00pm	Open Gym (Half) 12:00 – 2:00pm
Pickle Ball (Full) 1:00 – 3:00pm	Pickle Ball (Full) 1:00 – 3:00pm		Pickle Ball (Full) 1:00 – 3:00pm	Pickle Ball (Full) 1:00 – 3:00pm	Pickle Ball (Full) 1:00 – 3:00pm	Open Gym (Full) 2:00 – 4:00pm
Open Gym (Full) 3:00 – 6:15pm	Open Gym (Full) 3:00 – 5:15pm	Open Gym (Full) 3:00pm – 5:00pm	Open Gym (Full) 3:00 – 5:15pm	Open Gym (Full) 3:00 – 4:00pm		
Programming 6:15 – 9:15pm	Programming 5:15 – 8:00pm	Pickleball (Full) 5:00pm – 7:00pm	Programming 5:15 – 9:00pm	Teen Night (Full) 4:00 – 10:00pm		
	Open Gym (Full) 8:00 – 10:00pm	Open Gym (Full) 7:00 – 10:00pm				
Open Gym (Full) 9:15 – 10:00pm						

Schedules are subject to change.

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