



Shine On  Northeastern
Ontario

YMCA Community Report

2022-2023



Message from Helen Francis, Past President and CEO for the YMCA of Northeastern Ontario

After 5 years as the President and CEO of the YMCA of Northeastern Ontario, I have retired. I am sure that now, as I take some time, I will have further reflections on the work of this incredible charity and how I have personally been impacted. However, as I start to reflect, there are three main takeaways I would like to share:

Our YMCA is important to those we serve and support - we are impactful.

Every week, if not every day, I was fortunate to hear firsthand how community members had benefited from our programs and services. Parents forever grateful for the loving and nurturing environments our Child Care Educators provided their children; newcomers to Sudbury, assisted through YMCA Employment and Immigrant Services who now want to give back and help others in the way they were helped; youth who had transformative life experiences at camp, and credit this with helping them make good life decisions; through to members in Health and Wellness who love their classes and instructors but just as importantly love the social connections and sense of belonging they have when they come to the YMCA.

Our YMCA is resilient, adaptable, and agile – we are sustainable. Over the last five years, our YMCA has moved from a position of significant annual loss, to one where it is increasingly generating positive net contribution and continuing to work with community partners across Northeastern Ontario. Our YMCA has been able to do this despite the additional challenges of the COVID-19 pandemic and economic recession. This is thanks in large part to a staff and volunteer team that are willing to embrace challenges and are open to change, while continuing to look to the future with a commitment to deliver upon our charitable purpose.

Our YMCA has a bright future – we continue to be relevant. The work the YMCA does is designed to improve the social determinants of health across our community and region. The YMCA continues to expand our partnerships, including Kivi Park, Compass Youth Wellness Hub, and Future North in Sudbury; Laurentian Ski Hill and Canadore College in North Bay, and developing opportunities with the municipality of Timmins to name just a few. The YMCA and our partners understand we can meet the needs of our communities most effectively through collaboration.

Finally, I would add that all the impact, relevance, and sustainability our YMCA has is thanks to an amazing team. This team includes staff, volunteers, and the many community supporters and partners we have. It has been a privilege to hold this role and I leave knowing our YMCA is in great hands with Lorrie Turnbull as President and CEO and the management, staff and volunteer team we are fortunate to have.

Thank you for the opportunity,

Helen Francis



Message from Lorrie Turnbull, President and CEO for the YMCA of Northeastern Ontario

I am honored to have the opportunity lead the YMCA of Northeastern Ontario, building on the invaluable contributions made by Helen over the past 5 years. Because of her leadership and vision, the YMCA of Northeastern Ontario has a bright future ahead. I am excited to begin working alongside a talented and dedicated team of staff and volunteers to continue to deliver high impact Y programs and services to our communities, while finding new and creative ways to broaden and deepen our collective impact.



The YMCA is an organization that affects change, responds to need, and has a lasting and often transformational impact on the lives of so many. In the very short time I have been here, I can't help but notice the pride of community in all those I have met; people working together to help one another and those who need help the most. This is very inspiring!

The YMCA of Northeastern Ontario plays a critical role in our communities today and tomorrow. I am excited to be here and hopeful for the future. Thank you for the opportunity to lead this YMCA and I am looking forward to learning and experiencing life in the North!

Lorrie Turnbull

Message from Kristian Gareau, Board Chair for the YMCA of Northeastern Ontario

As we welcome a new leader to the YMCA of Northeastern Ontario, we look forward to an exciting future under Lorrie's leadership. With her long career at the YMCA of Greater Halifax/Dartmouth and significant leadership experience, the future at the YMCA of Northeastern Ontario is sure to be a bright one.

We are forever grateful to Helen for her meaningful contributions to our YMCA and we wish her every happiness in her retirement.

What is



and how does it impact the YMCA?

It's a very exciting time at the YMCA! We are in the process of transitioning to our new brand platform: Shine On.

You know that feeling when you accomplish something you didn't think was possible? When you suddenly feel hope where there was only despair? When you get access to something you thought was out of reach? When you feel like you belong to something much bigger than yourself? That's what it means to Shine On.

Whatever dream you have. Whatever obstacle is standing in your way. There is an inner light that wants to shine. With the YMCA's programs, support, and guidance, people can improve their sense of well-being so they can let that light out into the world.

For our team at the YMCA, Shine On is:

- How we act:
The Y is people-powered. Our energy, support, and positivity are what ultimately help participants like you overcome what's holding them back.
- How we talk:
In our communications, we want to exude knowledge, warmth and infectious optimism. To create an inviting space for people to come together, we are inviting, understanding, and non-judgmental.

Whether you're a participant, client, child care family, or donor, you're part of something bigger at the Y. Together, we're helping each other ignite our full potential and shape our neighbourhoods into vibrant communities.

YMCA Child Care

"My family has been using YMCA Churchill location for the past 6 years. The staff members are educated and caring. They have played a crucial role in the social, emotional, and educational upbringing of my children. The new Centre offers a brighter, safer and more stimulating environment. The rooms are large and offer the space for exploration and learning. The upgraded space is a benefit to both children and staff." - Megan Lake, Churchill Parent

YMCA Child Care

This was a year of growth for the YMCA Child Care team as we saw the expansion of our Churchill Early Learning Child Care Centre and the addition of Maple View Public School; a new build amalgamating our E.W. Norman and E.T. Carmichael School Age Programs which now includes Early Learning Child Care options. Alignment with our Timmins-based programs continues focusing now on back-of-house systems and policies.

All YMCA of Northeastern Ontario Child Care Programs opted into the Canada Wide Early Learning Child Care Program (CWELCC), which reduced fees for parents up to 52.75% and created more accessible child care programs for families. We continue to advocate to all levels of government for fair wages for educators to allow for recruitment and retention of staff to meet our communities' child care expansion plans.

The YMCA of Northeastern Ontario Licensed Home Child Care team continues to lead the way for YMCAs in Ontario with work underway to provide resources to other YMCA Associations. We are currently working with our districts on the expansion of our licensed home child care services with homes soon to be licensed by the YMCA of Northeastern Ontario in the City of Greater Sudbury in 2024!



1,000
children in care



12
home providers



26
centres



YMCA Employment and Immigrant Services

"I went into the YMCA Employment Services to connect with my former worker. I was greeted at the front desk and the staff told me about the SCYLD program. I found that there are opportunities to branch out and now that I have, I have gained employment and am also gaining so many new skills in life. I have had many hardships in my life, and I wanted to better my life and this program allowed me to do that. Job interviews were scary, but the YMCA staff helped me with these skills too. The staff at the YMCA Employment Services are phenomenal!"

- SCYLD Participant

YMCA Employment and Immigrant Services

YMCA Employment Services saw a 70% increase in total participants for its employment programming numbers as of February, 2023 compared to the same time last year. While in-person services resumed in April, 2022; virtual service delivery continues to be available for all programs, allowing us to reach participants who are unable to access services otherwise. Additionally, YMCA Employment Services has successfully hosted 5 job fairs with employers looking to fill positions that are above the current living wage and provide opportunities for long-term careers, attracting a total of 1058 job seekers and 110 employers.

Our various youth programs have also resumed their in-person workshops and continue to provide innovative ways for youth to either return to education or gain the valuable skills required to find meaningful employment.

YMCA Immigrant Services continues to expand its programs and has had success in hosting several community events and information sessions for our newcomer population. Total clients served by Immigrant Services increased by 57% this fiscal year.

YMCA Employment and Immigrant Services is continuously seeking innovative ways to develop opportunities that meet the current labour market demand while enhancing its outreach to better reach target demographics.



4,465
job seekers



971
newcomer clients



44
community program
clients



50+
partners



12
programs



YMCA Health and Wellness

Our Health and Wellness facilities have experienced steady membership growth over the past year. This is in part due to a diverse range of programs that cater to different age groups, interests, and wellness goals. Our continued focus on family programs, fitness classes, youth development, and community engagement, has attracted a wide variety of demographics.

The positive experience of 1,418 youth in YMCA Summer Camp contributed to their personal growth, fostered new friendships, and provided them with memories that will last a lifetime. It's a testament to our YMCA's commitment to providing enriching experiences for youth. This past year, we added a new location for YMCA Summer Day Camp in Elliot Lake. This new partnership was very well received by the community and continues to extend our reach in the Northeast region.

Lastly, our beloved YMCA John Island Overnight Camp is celebrating its 70th anniversary in 2024. Plans are underway for an amazing celebration, taking place May 24-25, 2024. These plans include a Friday night reception, a visit to camp, and a gala. Details are available online at ymcaneo.ca or by visiting our Facebook page. This is an event you won't want to miss, so if you can't attend in person, a virtual option will be available.



7,882
members



1,418
campers



160
unique programs



308,812
total accesses



Community Impact

Community Impact

2023 saw the YMCA of Northeastern Ontario continuing to rebuild, invest, and grow to meet the changing needs of our communities. Thank you to our generous donors, sponsors, community partners, and government & non-government funders who have played an essential role in all we've accomplished.

It was wonderful to welcome so many participants, volunteers, donors, and sponsors to our events this past year. The summer's events included the Tour de Trout (North Bay) supporting local swimming lessons, KPI Industrial Controls Golf Tournament (Sudbury), YMCA Mixed Golf Tournament (Timmins), and the Tim Hortons YMCA Golf Classic (North Bay), which all support the greatest needs of their respective communities.

In the fall, we hosted our first-ever YMCA Shine On Trail Run in partnership with Kivi Park and Apex Warrior. Our Fill the Bus campaigns in Sudbury and North Bay raised over \$180k to ensure no kids from those communities would miss out on the opportunity to enjoy amazing camp experiences. Fill the Bus was an incredible collaboration with Hot 93.5FM and a \$50k matching challenge gift from the Laking Group of Companies in Sudbury, and we partnered with the Rotary Club of North Bay and Vista Radio (106.3 JetFM & Country 90.5) in North Bay, which included a \$25k matching challenge gift from Northern Ontario Film Studios.



\$988,001
raised



\$312,407
grant funding



7
events



671
donors

Thank you to our Fill the Bus Partners and Sponsors



Community Impact

2022 closed out with celebrations of a major gift from the Nelson Dolan Family Fund to support campers attending John Island Camp, and the grand re-opening of the Durham (Sudbury) Vale Gymnasium. 2023 saw many changes in our facilities, including:

- Roof repairs and upgraded lighting at Poplar (Timmins)
- New accessible doors, fitness equipment replacements, and a new Membership desk at Durham
- Upgrades to the elevators at Durham and Chippewa (North Bay)
- Re-opening of the Redpath Family Gymnasium at Chippewa
- Association-wide, we completed upgrades to our finance and internal communications infrastructure as well as building our finance and philanthropy staff teams

The new fitness equipment at Durham was made possible thanks to the combined support from an Ontario Trillium Foundation Capital Grant and a significant gift from the Ron & Nicole Boivin Charity Fund. Grant funds made it possible to provide, and in some cases pilot, specialized community programming for seniors fitness and online safety, girls empowerment, leadership training, and street hockey to name a few!

Thank you to our funders: Ontario Trillium Foundation, Government of Canada, North Bay & Area Community Foundation, Community Services Recovery Fund, Jumpstart, and NHL Street.



“When I come to the YMCA, that is my time to de-stress, my me-time. I can’t take care of everyone else if I don’t take care of myself,” shared Lisa Schell who essentially became a single mom when her husband underwent an emergency amputation in January, 2023 that has included more than a year of recovery outside their home.

Thanks to the generosity of our supporters, the YMCA could be there for Lisa and her family, and many others who couldn’t otherwise afford membership and program fees.

Thank You to our Donors

As of December 2023

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John Lewis

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In recognition of a special contribution

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We are dedicated to the **growth** of all persons in spirit, mind and body with a **sense of responsibility** to each other and the **global community**.

Sudbury YMCA

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