

MONDAY	TUESDAY	WEDNESDAY	THURSDAY		FRIDAY	SATURDAY	SUNDAY
Child and Youth Drop In 3 Months – 12 Years 9:30-11:30am	Child and Youth Drop In 3 Months – 12 Years 9:30-11:30am	Child and Youth Drop In 3 Months – 12 Years 9:30-11:30am	Child and Youth Drop In 3 Months – 12 Years 9:30-11:30am		Child and Youth Drop In 3 Months – 12 Years 9:30-11:30am	Music & Movement 3 to 5 years old 10:20am-11:05am (Studio)	
	Child and Youth Drop In 3 Months – 12 Years 4:30-7:30pm		Child and Youth Drop In 3 Months – 12 Years 4:30-7:30pm				
Youth Centre 10-18 years 5pm to 9pm	Youth Centre 10-18 years 5pm to 9pm	Youth Centre 10-18 years 5pm to 9pm	Youth Centre 10-18 years 5pm to 9pm		Youth Centre 10-18 years 5pm to 9pm	Family Gym Drop-In All ages 11:30am – 1pm (Half Gym)	
	Swing into Racquet Sports 6 to 9 years old 5:45pm to 6:30pm	Family Craft Corner 18 months to 3 years & 4-5 years 5:30pm to 6:30 pm	Basketball 6 to 9 years 5:15pm to 6pm		Teen Night 13-18 years 5:30pm-9:15pm	Private Gym Birthday Party Rental 2:45pm to 3:45pm	Private Gym Birthday Party Rental 2:45pm to 3:45pm
	Swing into Racquet Sports 10 to 12 years old 6:45pm to 7:45pm	Family Craft Corner 6 to 9 & 10 to 12 years 6:45pm to 7:45pm	3 on 3 Basketball 10 to 12 years 6:15pm to 9pm	3 on 3 Basketball 13 to 15 years 6:15pm to 9pm			

Child and Youth Drop In Members: \$0.00

Drop off your children with our caring staff while you get some alone time to exercise, participate in one of our classes, swim, shower and sauna! Maximum 2 hours.

Youth Centre Members & Non-Members: \$0.00

The Youth Centre is a welcoming space for youth to relax, socialize, and have fun in a safe, supervised environment. We offer daily programming, snacks, and a variety of weekly activities and events designed to engage and connect. For a full list of what's happening this month, please check out our Monthly Youth Centre Schedule.

Swing Into Racquet Sports Members: \$33.00 & Non-Members: \$132.00

Discover the thrill of squash, badminton, and pickleball in Swing into Racquet Sports! This program combines fun drills, exciting games, and friendly competition to build skills like agility, teamwork, and confidence. Perfect for beginners or experienced players, all equipment is provided—just bring your energy and enthusiasm!

Family Craft Corner Members: \$33.00 Non-Members: \$132.00

Looking to give your children the freedom to be creative without having to deal with a mess in the house? Family Craft Corner offers guided arts and craft sessions designed for the whole family to enjoy together. Step away from your usual routine and dive into a fun, hands-on creative experience where kids and adults can express themselves freely.

Basketball Members: \$29.00 Non-Members: \$116.00

Join our Dynamic Basketball Program where young athletes will develop essential skills like dribbling, shooting, and passing. Participants will engage in exciting drills and gameplay, designed to enhance their technique, boost their confidence, and foster a love for the game in a fun, supportive environment.

3 on 3 Basketball League Members: \$29.00 Non-Members: \$116.00

Looking for a fast-paced, exciting way to develop your basketball skills? Our 3-on-3 Basketball League is designed specifically for players who are ready to grow their game, compete with peers, and have fun in a supportive team environment.

Teen Night Members: \$0.00 & Non-Members: \$5.00

Welcoming space for teens to get active, have fun, and make new friends. Teens get access to the squash courts, gymnasium, fitness centre, and pool — the perfect place to hang out, stay fit, and connect with others in a safe, friendly environment.

Music & Movement Members: \$29.00 Non-Members: \$116.00

Get ready to sing, shake, and play! This fun-filled music and movement class is designed for young children and their grown-ups to explore rhythm and instruments together. Parent participation required. Let’s make music and memories!

Family Gym Drop In Members: \$0.00 & Non-Members Day Pass Fee

Looking for a fun way for your kids to burn off energy? Want to connect with other families in your community? Join us for Family Gym Drop-In—a welcoming space where children can play freely and participate in free play activities while parents and caregivers meet, chat, and build new friendships. It’s the perfect blend of active fun and social connection for the whole family!

CHILDMINDING HOURS

Drop the kids off and enjoy some YOU time in the YMCA
Ages 3m-5y and Youth Drop in (6-12y) **COMBO**

AM – Monday to Friday 9:30am-11:30am

PM – Tuesday and Thursday 4:30pm-7:30pm

Please ensure your child is an active member of the YMCA and has been pre-registered for this service

To help minimize the spread of infection, we kindly ask that if your child is unable to attend school or daycare due to a fever or illness, they do not attend our drop-in program. Thank you for your understanding and cooperation.