

Gymnasium Schedule

Fall Session: September 29 – December 7, 2025

Building Hours:
Monday - Friday 5:30am-10pm
Saturday 7am-5pm
Sunday 8am-4pm
Statutory Holidays 8am-4pm

MONDAY	TUESDAY		WEDNESDAY	THURSDAY		FRIDAY		SATURDAY		SUNDAY	
Open Gym (Full) 5:30-7:45am	Open Gym (Full) 5:30-7:45am		Open Gym (Full) 5:30-7:45am	Open Gym (Full) 5:30-7:45am		Open Gym (Full) 5:30-7:45am					
								Open Gym (Full) 7:00-9:30am		Pickleball (Full) 8:00-9:30am	
Pickleball (Full) 8:00am-3:00pm	Registered Programs (Half) 9:00-11:00am	Pickleball (Half) 8:00- 11:00am	Pickleball (Full) 8:00am-1:00pm	Registered Programs (Half) 9:00-11:00am	Pickleball (Half) 8:00- 11:00am	Pickleball (Full) 8:00am-3:00pm		Registered Programs (Full) 9:30am-12:00pm		Birthday Party (Full) 10:00-11:45am	
	Pickleball (Full) 11:00am-3:00pm		Open Gym (Full) 1:00-4:45pm	Pickleball (Full) 11:00am-3:00pm				Open Gym (Half) 12:00- 1:00pm	Birthday Party (Half) 12:00- 1:00pm	Open Gym (Half) 12:00- 1:00pm	Birthday Party (Half) 12:00-1:00pm
										Open Gym (Full) 1:00-4:00pm	
Open Gym (Full) 3:00-4:45pm	Open Gym (Full) 3:00-4:45pm			Open Gym (Full) 3:00-4:45pm	Open Gym (Full) 3:00-4:45pm		Open Gym (Full) 1:00-3:00pm				
Registered Programs (Full) 4:45-7:10pm	Child Care (Full) 4:45-5:15pm		Registered Programs (Full) 4:45-7:10pm	Pickleball (Full) 4:45-7:10pm		Child Care (Half) 4:45-5:30pm	Open Gym (Half) 4:45- 5:30pm	Pickleball (Full) 3:00-5:00pm			
Pickleball (Full) 7:15-9:15pm	Registered Programs (Full) 5:15-7:10pm		Spartans (Full) 7:15-8:45pm	Spartans (Full) 7:15-8:45pm		Teen Night (Full) 5:30-7pm					
Open Gym (Full) 9:15-10:00pm	Open Gym (Full) 7:15-10:00pm		Open Gym (Full) 8:45-10:00pm	Open Gym (Full) 8:45-10:00pm		Open Gym (Full) 7:00-10:00pm					

Gymnasium Schedule

Fall Session: September 29 – December 7, 2025

Building Hours:

Monday - Friday 5:30am-10pm

Saturday 7am-5pm

Sunday 8am-4pm

Statutory Holidays 8am-4pm

Pickleball: Pickleball is a paddle sport combining elements of tennis, badminton, and ping-pong, played on a badminton-sized court with a low net, using paddles and a perforated plastic ball.

Please see membership services to book your spot online!

Book Your Birthday Party!

Summer Package: 11am-2pm on Saturday and Sunday's.

Access to the gymnasium for fun games/activities, and your option to choose our Child-Minding room, lounge area, or Multi-Purpose room to have snacks, cake, and gift opening!

We can provide a fridge upon request. Tables and chairs are included.

Contact Membership Services Today to Book!

Squash & Racquetball Courts:

For players of all skill levels. Whether you're looking for a high-intensity workout, sharpening your competitive edge, or just having fun with a friend, our courts offer the perfect space to serve, rally, and score.

Please register online to reserve your timeslot or visit Membership Services to create your account!