

Gymnasium Schedule

Interim Winter Session: December 22 – December 28, 2025

Building Hours:
Monday - Friday 5:30am-10pm
Saturday 7am-5pm
Sunday 8am-4pm
Statutory Holidays 8am-4pm
December 24th 2025 - Closed at 2pm
December 25th & 26th 2025 - Closed

MONDAY (Dec 22)	TUESDAY (Dec 23)	WEDNESDAY (Dec 24)	THURSDAY (Dec 25)	FRIDAY (Dec 26)	SATURDAY (Dec 27)	SUNDAY (Dec 28)
Open Gym (Full) 5:30-7:15am	Open Gym (Full) 5:30-7:15am	Open Gym (Full) 5:30-7:45am			Open Gym (Full) 7am-11:30am	Pickleball (Full) 8-9:45am
Winter Break Camps (Full) 7:15-11:30am	Winter Break Camps (Full) 7:15-11:30am					Birthday Party (Full) 10-11:45am
Pickleball (Full) 11:45am-3pm	Pickleball (Full) 11:45am-3pm	Pickleball (Full) 8-11:30am				
Open Gym (Full) 3-4pm	Open Gym (Full) 3-4pm	Open Gym (Full) 11:30am-2pm			Open Gym (Half) 11:30am-1pm	Birthday Party (Half) 12-1pm
Winter Break Camps (Full) 4-6pm	Winter Break Camps (Full) 4-6pm					Open Gym (Half) 12-1pm
Open Gym (Full) 6-7pm	Open Gym (Full) 6-10pm				Open Gym (Full) 1:15-3pm	Open Gym (Full) 1:15-4pm
Pickleball (Full) 7:15-9:15pm						
Open Gym (Full) 9:15-10pm					Pickleball (Full) 3-5pm	

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Pickleball: Pickleball is a paddle sport combining elements of tennis, badminton, and ping-pong, played on a badminton-sized court with a low net, using paddles and a perforated plastic ball.

Please see membership services to book your spot online!

Book Your Birthday Party!

Access to the gymnasium for fun games/activities, and your option to choose our Child-Minding room, lounge area, or Multi-Purpose room to have snacks, cake, and gift opening!

We can provide a fridge upon request. Tables and chairs are included.

Contact Membership Services to Book!

Squash & Racquetball Courts:

For players of all skill levels. Whether you're looking for a high-intensity workout, sharpening your competitive edge, or just having fun with a friend, our courts offer the perfect space to serve, rally, and score.

Please register online to reserve your timeslot or visit Membership Services to create your account!