

# Pool Schedule

Fall/Winter Interim: December 29, 2025 – January 4, 2026  
Registration required for all programs.

Building Hours:  
Monday-Friday 5:30am-9:30pm  
Saturday 7am-4pm  
Sunday 8am-4pm  
\*Holiday hours may vary\*

| MONDAY DEC 29                           |                                |                                    | TUESDAY DEC 30                        |                                      | WEDNESDAY<br>DEC 31                | THURSDAY JAN 1                     | FRIDAY JAN 2                          |                        | SATURDAY JAN 3                     | SUNDAY JAN 4                         |
|---|--------------------------------|------------------------------------|---------------------------------------|--------------------------------------|------------------------------------|------------------------------------|---------------------------------------|------------------------|------------------------------------|--------------------------------------|
| Titans<br>6-7:45am<br>(6 Lanes)         |                                |                                    | Titans<br>6-7:45am<br>(4 Lanes)       | Lane Swim<br>6-7:45am<br>(2 Lanes)   | Lane Swim<br>6-9:10am<br>(5 Lanes) |                                    | Titans<br>6-7:45am<br>(6 Lanes)       |                        | Titans<br>7:30-9:30am<br>(6 Lanes) | Lane Swim<br>8:30-10am<br>(5 Lanes)  |
| Lane Swim<br>7:45-9:10am<br>(5 Lanes)   |                                |                                    | Lane Swim<br>7:45-9:10am<br>(5 Lanes) |                                      |                                    |                                    | Lane Swim<br>7:45-9:10am<br>(5 Lanes) |                        |                                    |                                      |
| Aquafit<br>9:15-10am                    |                                |                                    | Aquafit<br>9:15-10am                  |                                      |                                    |                                    | Aquafit<br>9:15-10am                  |                        |                                    |                                      |
|   |                                |                                    | Lane Swim<br>10am-1pm<br>(5 Lanes)    |                                      |                                    |                                    |                                       |                        |                                    |                                      |
| Lane Swim<br>10am-1pm<br>(5 Lanes)      | Hydro-<br>therapy<br>12:15-1pm | Camp Swim<br>1-2pm                 |                                       | Lane Swim<br>10-11:30am<br>(5 Lanes) | Lane Swim<br>9:30-11:30am          | Lane Swim<br>10am-1pm<br>(5 Lanes) | Hydro-<br>therapy<br>12:15-1pm        | Open Swim<br>9:30-11am | Open Swim<br>10-11am               |                                      |
| Camp Swim<br>1-2pm                      |                                | Open Swim<br>2-3:30pm              |                                       | Open Swim<br>11:30-1:30pm            | Open Swim<br>11:30-1:30pm          | Open Swim<br>2-3:30pm              |                                       |                        |                                    | Lane Swim<br>11am-1pm<br>(5 Lanes)   |
| Open Swim<br>2-3:30pm                   |                                |                                    |                                       |                                      |                                    | Titans<br>3:30-5:30pm              |                                       | Titans<br>3:30-5:30pm  |                                    | Birthday Partys<br>1-2pm             |
| Open Swim<br>5:30-8pm                   |                                | Open Swim<br>5:30-8pm              |                                       |                                      |                                    | Open Swim<br>5:30-8pm              |                                       | Open Swim<br>2-4:30pm  | Open Swim<br>2-3:30pm              |                                      |
| Lane Swim<br>8-9pm<br>(3 Lanes)         | Titans<br>8-9pm<br>(3 Lanes)   | Lane Swim<br>8-9:45pm<br>(5 Lanes) |                                       |                                      |                                    | Lane Swim<br>8-9:45pm<br>(5 Lanes) |                                       |                        |                                    | Titans<br>8-9:45pm<br>(3 Lanes)      |
| Lane Swim<br>9-9:45pm<br>(5 Lanes)      |                                |                                    |                                       |                                      |                                    |                                    |                                       |                        |                                    |                                      |
| Therapy Pool<br>6am-12:15pm<br>1-9:45pm |                                |                                    | Therapy Pool<br>6am-1pm<br>2-9:45pm   |                                      |                                    | Therapy Pool<br>10:30am-1:30pm     | Therapy Pool<br>10:30am-1:30pm        |                        |                                    | Therapy Pool<br>6am-12:15pm<br>1-9pm |

Schedules are subject to change.

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