

Gymnasium Schedule

Interim Winter Session: December 8, 2025 – December 21, 2026

Building Hours:
Monday - Friday 5:30am-10pm
Saturday 7am-5pm
Sunday 8am-4pm
Statutory Holidays 8am-4pm

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Open Gym (Full) 5:30-7:45am	Open Gym (Full) 5:30-7:45am	Open Gym (Full) 5:30-7:45am	Open Gym (Full) 5:30-7:45am	Open Gym (Full) 5:30-7:45am	Open Gym (Full) 7am-11:30am	Pickleball (Full) 8-9:30am
Pickleball (Full) 8am-3pm	Pickleball (Full) 8am-3pm	Pickleball (Full) 8am-1pm	Pickleball (Full) 8am-3pm	Pickleball (Full) 8am-3pm		Birthday Party (Full) 10-11:45am
Open Gym (Full) 3-7pm	Open Gym (Full) 3-4:45pm	Open Gym (Full) 1-7pm	Open Gym (Full) 3-4:45pm	Open Gym (Full) 3-4:45pm	Open Gym (Half) 11:30am-1pm	Birthday Party (Half) 12-1pm
	Child Care (Full) 4:45-5:30pm		Pickleball (Full) 4:45-7:10pm	Child Care (Full) 4:45-5:30pm	Open Gym (Full) 1:15-3pm	Open Gym (Half) 12-1pm
Pickleball (Full) 7:15-9:15pm	Open Gym (Full) 5:30-10pm	Spartans (Full) 7:15-8:45pm	Spartans (Full) 7:15-8:45pm	Teen Night (Full) 5:30-7pm	Pickleball (Full) 3-5pm	Open Gym (Full) 1:15-4pm
Open Gym (Full) 9:15-10pm		Open Gym (Full) 8:45-10pm	Open Gym (Full) 8:45-10pm	Open Gym (Full) 7-10pm		

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Pickleball: Pickleball is a paddle sport combining elements of tennis, badminton, and ping-pong, played on a badminton-sized court with a low net, using paddles and a perforated plastic ball.

Please see membership services to book your spot online!

Book Your Birthday Party!

Access to the gymnasium for fun games/activities, and your option to choose our Child-Minding room, lounge area, or Multi-Purpose room to have snacks, cake, and gift opening!

We can provide a fridge upon request. Tables and chairs are included.

Contact Membership Services to Book!

Squash & Racquetball Courts:

For players of all skill levels. Whether you're looking for a high-intensity workout, sharpening your competitive edge, or just having fun with a friend, our courts offer the perfect space to serve, rally, and score.

Please register online to reserve your timeslot or visit Membership Services to create your account!