

Winter Gym Schedule

January 5, 2026 to March 15, 2026

Registration required for all programs.

Building Hours:

Monday - Friday 5:30am – 9:30pm

Saturday & Sunday 8am - 6pm

Holidays 8am-4pm

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Open Gym 5:30-8:15am	Open Gym 5:30-9:15am	Open Gym 5:30-8:15am	Open Gym 5:30-9:15am	Open Gym 5:30-8:45am	Open Gym 5:30am-8:00AM	Pickleball 8:00-10:00am
Fitness Class 8:30am-9:15am	Fitness Class 9:30-10:15am	Fitness Class 8:30am-10:15am	Fitness Class 9:30-10:15am	Fitness Class 9:00-9:45am		
Fitness Class 10:30-11:30am	Open Gym 10:30-12:45pm	Open Gym 10:20-11:55pm	Open Gym 10:30-12:45pm	Open Gym 10:00-11:55pm	Programming (Half gym) 8:00AM-12:00pm	Programming (Half gym) 10am-10:30am
Open Gym 11:45-12:45pm		Fitness Class 12:10-12:45		Fitness Class 12:10-12:45pm		
Pickleball 1:00-3:00pm	Pickleball 1:00-3:00pm	Pickleball 1:00-3:00pm	Pickleball 1:00-3:00pm	Pickleball 1:00-3:00pm	Open Gym (Half) 8:00-12:45pm	Open Gym (Half Gym) 10:05am- 10:30am
Open Gym 3:05-4:15pm	Open Gym (Half) 3:05-7:15pm	Open Gym 3:05-5:00pm	Open Gym (Half) 3:05-4:30pm	Open Gym 3:05-4:30pm		Open Gym 10:30am- 2:45pm
	Afterschool Programming (Half) 3:30pm-4:15pm		Afterschool Programming (Half) 3:30pm-4:45pm			
Programming (Half) 4:30pm-6:30PM	Programming (Half) 6:00-7:30pm	Programming (Half) 5:00pm-6:45pm	Programming 4:45pm-7:00pm	Teen Night 4:30 - 9:15pm	Open Gym 12:45-5:45pm	Private Rental 2:45pm- 5:45pm
Open Gym (Half) 4:30pm-6pm		Family Gym Drop-In (Half Gym) 6:30pm-7:20pm				
Judo Drop-in (Half Gym) 6PM-9:30PM	Pickleball 7:30-9:30pm	Dodgeball Drop-In 16+ (Half) 7:30pm-9:30pm	Open Gym (Half) 7:00pm-9:15pm			
Open Gym (Half) 6:30-9:15pm		Open Gym (Half) 6:45pm-9:15pm	Pickleball (Half) 7:00 – 9:15pm			

Schedules are subject to change.

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