

# Gymnasium Schedule

Spring Interim: March 22 – April 5, 2026

Building Hours:  
 Monday - Friday 5:30am-10pm  
 Saturday 7am-5pm  
 Sunday 8am-4pm  
 Statutory Holidays 8am-4pm

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Open Gym (Full) 5:30-7:45am	Open Gym (Full) 5:30-8:45am	Open Gym (Full) 5:30-7:45am	Open Gym (Full) 5:30-8:45am	Open Gym (Full) 5:30-7:45am	Open Gym (Full) 7am-1:15pm	Pickleball (Full) 8-9:30am
Pickleball (Full) 8am-3pm	Family Gym 9am-11:15am	Pickleball (Full) 8am-1:15pm	Family Gym 9am-11:15am	Pickleball (Full) 8am-3pm		Open Gym (Half) 1:15-3pm
	Pickleball (Full) 11:30am-3pm		Pickleball (Full) 11:30am-3pm		Open Gym (Full) 12:15-1:15pm	
Open Gym (Full) 3-7pm	Open Gym (Full) 3-4:45pm	Open Gym (Full) 1:15-7:15pm	Open Gym (Full) 3-4:30pm	Open Gym (Full) 3-4:45pm	Pickleball (Full) 3-5pm	Open Gym (Full) 2:45-4pm
	Open Gym (Half) 4:45-5:30pm		Child Care (Half) 4:45-5:30pm	Pickleball (Full) 4:45-7:10pm		
Pickleball (Full) 7:15-9pm	Open Gym (Full) 5:30-10pm	Spartans (Full) 7:15-8:45pm	Spartans (Full) 7:15-8:45pm	Teen Night (Full) 5:30-7pm		
Open Gym (Full) 9-10pm		Open Gym (Full) 8:45-10pm	Open Gym (Full) 8:45-10pm	Open Gym (Full) 7-10pm		

Schedules are subject to change.

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**Pickleball:** Pickleball is a paddle sport combining elements of tennis, badminton, and ping-pong, played on a badminton-sized court with a low net, using paddles and a perforated plastic ball. ***Please see membership services to book your spot online!***

**Family Gym Time:** Designed with young families in mind, this drop-in gym time lets you play, move, and have fun together in our gymnasium. Conveniently scheduled at the same time as our Move & Splash tot program, it's the perfect way to enjoy Tuesdays and Thursdays at the Y with your little ones!

## **Book Your Birthday Party!**

Access to the gymnasium for fun games/activities, and your option to choose our lower Lounge area or Multi-Purpose room to have snacks, cake, and gift opening!

*We can provide a fridge upon request. Tables and chairs are included.*

**Contact Membership Services Today to Book!**

## **Squash & Racquetball Courts:**

For players of all skill levels. Whether you're looking for a high-intensity workout, sharpening your competitive edge, or just having fun with a friend, our courts offer the perfect space to serve, rally, and score.

***Please register online to reserve your timeslot or visit Membership Services to create your account!***