



Spring Gym Schedule

April 6 – June 14, 2026

Registration required for all programs.

Building Hours:

Monday - Friday 5:30am – 9:30pm

Saturday & Sunday 8am - 6pm

Holidays 8am-4pm

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Open Gym 5:30-10:15am	Open Gym 5:30-9:15am	Open Gym 5:30-8:15am	Open Gym 5:30-9:15am	Open Gym 5:30-8:45am	Open Gym (Half) 8:00am-12:30PM	Pickleball 8:00-10:00am
Fitness Class 10:30-11:30am	Fitness Class 9:30-10:15am	Fitness Class 8:30am-9:15am	Fitness Class 9:30-10:15am	Fitness Class 9:00-9:45am		
Open Gym 11:45-11:55pm	Open Gym 10:30-12:45pm	Open Gym 9:30-11:55pm	Open Gym 10:30-12:45pm	Open Gym 10:00-11:55pm	Programming (Half gym) 8:30am-12:30pm	Programming (Half gym) 10am-10:30am
Fitness Class 12:10-12:45pm		Fitness Class 12:10-12:45		Fitness Class 12:10-12:45pm		
Pickleball 1:00-3:00pm	Pickleball 1:00-3:00pm	Pickleball 1:00-3:00pm	Pickleball 1:00-3:00pm	Pickleball 1:00-3:00pm	Open Gym 12:45pm-4:45pm	Open Gym 10:15am-2:45pm
Open Gym 3:00-4:15pm	Open Gym 3:00-4:15pm	Open Gym 3:00-4:45 pm	Open Gym (Half) 3:15-6:15pm	Teen Night 4:00 - 9:15pm		
	Afterschool Programming (Half) 3:30pm-4:30pm		Afterschool Programming (Half) 3:30pm-4:45pm			
Programming (Half) 4:30pm-7:15pm	Programming 4:30pm-6:35pm	Programming 5:00pm-6:45pm	Fitness Class 6:30-7:30pm			
Open Gym (Half) 4:15pm-5:45pm	Pickleball 6:45-7:45pm (Half) 8:00-9:15pm (Full)	Open Open Gym 7:00pm-9:15pm	Open Gym (Half Gym) 7:45-9:15			
Judo Drop-in (Half Gym) 6PM-9:30PM			Private Rental 4:45pm – 5:45pm	Private Rental 2:45pm- 5:45pm		
Open Gym (Half) 7:15pm - 9:15pm					Pickle ball (Half Gym) 7:45-9:15pm	

Schedules are subject to change.

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