



SPECIAL – March Break Gym Schedule

March 16, 2026 to March 20, 2026
 Registration required for all programs.

Building Hours:
 Monday - Friday 5:30am – 9:30pm
 Saturday & Sunday 8am - 6pm
 Holidays 8am-4pm

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Open Gym 5:30-8:15am	Open Gym 5:30-9:15am	Open Gym 5:30-8:15am	Open Gym 5:30-9:15am	Open Gym 5:30-8:45am	Open Gym 8:00AM -4:45pm	Pickleball 8:00-10:00am
Fitness Class 8:30am-9:15am	Fitness Class 9:30-10:15am	Fitness Class 8:30am-10:15am	Fitness Class 9:30-10:15am	Fitness Class 9:00-9:45am		
Day Camp 9:30-10:15	Day Camp 11:00am-12:00pm	Day Camp 11:00am-12:00pm	Day Camp 11:00am-12:00pm	Open Gym 10:00-11:55am		
Fitness Class 10:30-11:30am				Day Camp (half) 11:00am-12:00pm		
Open Gym 11:45-12:45pm	Open Gym 10:30-11:00am	Fitness Class 12:10-12:45	Open Gym 10:30-11:00am	Fitness Class 12:10-12:45pm		
Pickleball 1:00-3:00pm	Pickleball 1:00-3:00pm	Pickleball 1:00-3:00pm	Pickleball 1:00-3:00pm	Pickleball 1:00-3:00pm		
Open Gym (Half) 3:05-5:45pm	Open Gym (Half) 3:05-6:45pm	Open Gym (Half) 3:05-6:45pm	Open Gym (Half) 3:05-5:30	Open Gym 3:05-4:30pm		Open Gym 10:15am-2:45pm
Day Camp (Half) 4:00pm-5:15pm	Day Camp (Half) 4:00pm-5:15pm	Day Camp (Half) 4:00pm-5:15pm	Day Camp (Half) 4:00pm-5:15pm			
Open Gym 3:05-5:45pm	Open Gym 5:30pm-6:45pm	Open Gym 3:05-9:15	Open Gym 4:45pm-6:45pm	Teen Night 4:30 - 9:15pm		
	Pickleball (Full Gym) 7:00-9:15pm		Pickleball (Full Gym) 7:00 - 9:15pm			
Judo Drop-in (Half Gym) 6PM-9:30PM					Private Rental 4:45pm-5:45pm	Private Rental 2:45pm- 5:45pm
Open Gym (Half) 5:45pm-9:15pm						

Schedules are subject to change.

705-674-8315 | ymcaneco.ca