

# Sudbury YMCA Summer Swim Lesson Schedule

July 6-August 27, 2026



## Monday

July 6 to August 24<sup>th</sup>

Please note that there will be no classes on August 3, 2026 due to the Civic Holiday Closure. Monday Private Lessons will be 7 weeks in duration.

4:30pm-5pm	5:05-5:35pm	5:40pm-6:10pm	6:15pm-6:45pm	6:50pm-7:20pm
Private	Private	Private	Private	Private
Private	Private	Private	Private	Private
Private	Private	Private	Private	Private
Private	Private	Private	Adult Newcomer Swim Program	
Private	Private	Private		

## Tuesday

July 7 to August 25<sup>th</sup> (8 Classes)

4:30pm-5pm	5:05-5:35pm	5:40pm-6:10pm	6:15pm-6:45pm	6:50pm-7:20pm
Bobber	Bobber	Parent Assisted Bubbler	Bobber	
Diver/Surfer/Jumper	Floater/Glider	Diver/Surfer/Jumper	Floater/Glider	Diver/Surfer/Jumper
Otter	Seal	Otter	Seal	Otter
Dolphin/Swimmer	Dolphin/Swimmer	Dolphin/Swimmer	Dolphin/Swimmer	Adult Level 3
4:30pm-5:15pm	5:20pm-6:05pm	6:10pm-6:55pm	7:00-8:00pm	
Star 1-2	Star 3-4	Star 1-2	Youth Newcomer Swim Program	



## Wednesday

July 8 to August 26<sup>th</sup> (8 Classes)

4:30pm-5pm	5:05-5:35pm	5:40pm-6:10pm	6:15pm-6:45pm	6:50pm-7:20pm
Bobber	Floater/Glider	Parent Assisted Splasher	Floater/Glider	Bobber
Diver/Surfer/Jumper	Otter	Floater/Glider	Otter	Diver/Surfer/Jumper
Seal	Seal	Otter	Seal	Seal
Adult Level 1	Dolphin/Swimmer	Dolphin/Swimmer	Dolphin/Swimmer	Adult Level 1
Private	Private	Private	Private	Private
4:30pm-5:15pm	5:20pm-6:05pm	6:10pm-6:55pm	7:00-7:45pm	
Star 3-4	Star 5-6	Star 3-4	Star 1-2	

## Thursday

July 9 to August 27<sup>th</sup> (8 Classes)

4:30pm-5pm	5:05-5:35pm	5:40pm-6:10pm	6:15pm-6:45pm	6:50pm-7:20pm
Bobber	Bobber	Parent Assisted Splasher	Bobber	Bobber
Diver/Surfer/Jumper	Floater/Glider	Diver/Surfer/Jumper	Floater/Glider	Diver/Surfer/Jumper
Otter	Seal	Otter	Seal	Otter
Adult Level 3	Dolphin/Swimmer	Dolphin/Swimmer	Dolphin/Swimmer	Dolphin/Swimmer
4:30pm-5:15pm	5:20pm-6:05pm	6:10pm-6:55pm	7:00-7:45pm	
Star 1-2	Star 3-4	Star 1-2	Star 5-6	