

Gymnasium Schedule

Summer Interim: September 8 – September 27 2026

Building Hours:
Monday - Friday 5:30am-9pm
Saturday & Sunday 7am-3pm

Closed Sept 2nd & Sept 19th

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Open Gym (Full) 5:30am-8am	Open Gym (Full) 5:30am-8am	Open Gym (Full) 5:30am-8am	Open Gym (Full) 5:30am-8am	Open Gym (Full) 5:30am-8am		
Pickleball (Full) 8am-3pm	Pickleball (Full) 8am-3pm	Pickleball (Full) 8am-1:15pm	Pickleball (Full) 8am-3pm	Pickleball (Full) 8am-3pm	Pickleball (Full) 7am-10:30am	Pickleball (Full) 7am-10:30am
					Birthday Party 11:00am-12:45pm	Birthday Party 11:00am-12:45pm
Open Gym (Full) 3pm-7:00pm	Open Gym (Full) 3pm-7:00pm	Open Gym (Full) 1:15pm-7:00pm	Open Gym (Full) 3pm-7:00pm	Open Gym (Full) 3pm-9:00pm	Open Gym (Full) 12:45pm-3pm	Open Gym (Full) 12:45pm-3pm
Spartans (Full) 7:15pm-8:45pm	Pickleball (Full) 7pm-8:45pm	Spartans (Full) 7:15pm-8:45pm	Pickleball (Full) 7pm-8:45pm			
Open Gym (Full) 8:45pm-9:00pm		Open Gym (Full) 8:45pm-9:00pm				

Childminding (Summer Hours)

Monday – Friday: 9:30am-11:30am
Monday – Wednesday: 4:30pm – 7:30pm

Schedules are subject to change.

705-497-9622 | ymcaneco.ca

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Book Your Birthday Party!

Access to the gymnasium for fun games/activities, and your option to choose our lower Lounge area or Multi-Purpose room to have snacks, cake, and gift opening!

We can provide a fridge upon request. Tables and chairs are included.

Contact Membership Services Today to Book!

Squash & Racquetball Courts:

For players of all skill levels. Whether you're looking for a high-intensity workout, sharpening your competitive edge, or just having fun with a friend, our courts offer the perfect space to serve, rally, and score.

Please register online to reserve your timeslot or visit Membership Services to create your account!