

Gymnasium Schedule

Fall Session: September 28 – December 6, 2026

MONDAY	TUESDAY		WEDNESDAY	THURSDAY		FRIDAY	SATURDAY		SUNDAY
Open Gym (Full) 5:30-7:45am	Open Gym (Full) 5:30-9:30am		Open Gym (Full) 5:30-7:45am	Open Gym (Full) 5:30-9:30am		Open Gym (Full) 5:30-7:45am			
							Pickleball (Full) 7-12:15 pm		Pickleball (Full) 9-11:00am
Pickleball (Full) 8am-3pm	Pickleball (Full) 8am-3pm		Pickleball (Full) 8am-1:15pm	Pickleball (Full) 8am-3pm		Pickleball (Full) 8am-3pm	Open Gym (Full) 12:30-1:15pm		Open Gym (Full) 11:15-1:15pm
							Open Gym (Half) 1:15-3pm	Birthday Party (Half) 1:15-2:30pm	Open Gym (Half) 1:15-2:45pm Birthday Party (Half) 1:15-2:30pm 0pm
Open Gym (Full) 3-4:45pm	Open Gym (Full) 3-4:45pm		Open Gym (Full) 1:15-4:45pm	Open Gym (Full) 3-4:30pm		Open Gym (Full) 3-5:30pm	Open Gym (Full) 2:45-5pm		Open Gym (Full) 2:45-5pm
Registered Programs (Full) 4:45-7:10pm	Registered Programs (Half) 4:45-5:30pm	Child Care (Half) 4:45-5:30pm	Registered Programs (Full) 4:45-7:10pm	Open Gym (Half) 4:45-5:30pm	Child Care (Half) 4:45-5:30pm	Teen Night (Full) 5:30-7pm			
Open Gym (Full) 7:10-9:30pm	Registered Programs (Full) 5:30-7:15pm Pickleball (Full) 7:30-9:15pm		Open Gym (Full) 7:10-9:30pm	Pickleball (Full) 5:45-9:15pm		Open Gym (Full) 7-9:30pm			

Schedules are subject to change.

705-497-9622 | ymcaneco.ca

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Pickleball: Pickleball is a paddle sport combining elements of tennis, badminton, and ping-pong, played on a badminton-sized court with a low net, using paddles and a perforated plastic ball. ***Please see membership services to book your spot online!***

Book Your Birthday Party!

Access to the gymnasium for fun games/activities, and your option to choose our lower Lounge area or Multi-Purpose room to have snacks, cake, and gift opening!

We can provide a fridge upon request. Tables and chairs are included.

Contact Membership Services Today to Book!

Squash & Racquetball Courts:

For players of all skill levels. Whether you're looking for a high-intensity workout, sharpening your competitive edge, or just having fun with a friend, our courts offer the perfect space to serve, rally, and score.

Please register online to reserve your timeslot or visit Membership Services to create your account!